

CSU

1991-92 OUTLOOK

Excitement is the key word when describing the 1991-92 edition of the Cleveland State University women's swim team.

John Collis takes over as head coach of the two-time defending Penn-Ohio Champions and the first-year head coach hopes to focus his excitement and energies into implementing a new training system for his talented team of 13 returnees and three newcomers.

Returning seniors this year are co-captains Adrienne Tripi and Joan Stemberger, diver Nicole Molnar, and butterfly and individual medley specialist Stacey Mitchell. Other top returnees include sophomores Dana Labrie, who was last year's Penn-Ohio standout, and Kathy Balcam, who excels in the freestyle events.

Newcomers this year are freshmen Sandee Sieminski, Terri Starr, and Sara Werth. Sieminski, a multi-event swimmer, set seven school records at Bay High School. Starr is the team's newest diver, while Werth is a breaststroke specialist.

The success of last season will undoubtedly "domino" into the 1991-92 season, as the team looks forward to the big Penn-Ohio and Eastern Intercollegiate Championships. Collis is confident there will be even greater performances this year.

CSU

1991-92 WOMEN'S ROSTER

NAME	EVENT	HT.	CL.	HOMETOWN (HIGH SCHOOL)
* Kathy Balcam	FLY/FR	5-8	So.	Willoughby Hills, OH (Willoughby South)
** Missy Bruey	BK/FR	5-6	Jr.	Massillon, OH (Perry)
* Gina Giorgetti	BR	5-3	So.	Toronto, Ontario Canada
* Dawn Griggs	SP/BR	5-8	Jr.	Rocky River, OH (Rocky River)
* Dana Labrie	BK/BR/IM	5-10	So.	Willowdale, Ontario, Canada (A.Y. Jackson)
** Stacey Mitchell	FLY/IM	5-7	Sr.	Euclid, OH (Euclid)
*** Nicole Molnar	DIVE	5-9	Sr.	Euclid, OH (Euclid)
** Barbara Oehme	FLY/FR	5-3	Jr.	Brookpark, OH (Midpark)
* Joy Prouty	DIVE	5-3	So.	Westerville, OH (Westerville)
** Theresa Quinn	BK/FR	5-9	Jr.	Melbourne, FLA (Bowling Green)
Sandee Sieminski	FLY/BR/BK	5-7	Fr.	Bay Village, OH (Bay Village)
Terri Starr	DIVE	5-7	Fr.	Gates Mills, OH (Hawken)
*** Joan Stemberger	BR/FR	5-3	Sr.	Bedford, OH (Trinity)
*** Adrienne Tripi	BR/IM	5-7	Sr.	Mentor, OH (Mentor)
** Lori Viancourt	FLY/FR/IM	5-5	Jr.	Bay Village, OH (Magnificat)
Sara Werth	BR	5-6	Fr.	Mentor, OH (Mentor)

Head Coach: John Collis
 Assistant Coaches: Rob Schmidt, Dennis Mulvihill
 Diving Coach: Jeff Arnold
 *Denotes varsity letters earned

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**CLEVELAND STATE UNIVERSITY
 1991-92 WOMEN'S SWIMMING SCHEDULE**

NOVEMBER			
8	at Oakland		7:00 p.m.
9	at Bowling Green		12:00 noon
22	GANNON AND FINDLAY (Coed)		4:00 p.m.
DECEMBER			
6-7	at EMU Invitational		TBA
10	CLEVELAND COLLEGES (Coed)		5:00 p.m.
JANUARY			
1	University of Minnesota at Orlando		TBA
10	OHIO UNIVERSITY (Coed)		4:00 p.m.
17	at Ball State (Coed)		6:00 p.m.
18	at Notre Dame		3:00 p.m.
23	ST. BONAVENTURE (Coed)		2:00 p.m.
25	SLIPPERY ROCK AND EASTERN MICHIGAN (Coed)		1:00 p.m.
FEBRUARY			
1	at Toledo with Xavier (Coed)		2:00 p.m.
12-15	Penn-Ohio Conference Championship		
19-22	Eastern Intercollegiate Championships at Rutgers University		
27-29	North Star Conference Swimming Championships at Chicago, IL		
MARCH			
1-6	United States Olympic Trials at Indianapolis, Indiana		
19-22	NCAA Championships at Austin, Texas		

HOME MEETS (in capitals) held in CSU Natatorium

CSU

SWIMMING QUICK FACTS

LOCATION	Cleveland, Ohio 44115
FOUNDED	1964
ENROLLMENT	19,256
NICKNAME	Vikings
COLORS	Forest Green and White
CONFERENCE	North Star Conference/Penn-Ohio
PRESIDENT	Dr. John A. Flower
DIRECTOR OF ATHLETICS	John Konstantinos
SPORTS INFORMATION OFFICE	(216)687-4818
(CSU Convocation Center, 2000 Prospect Ave. Cleveland, OH 44115)	
Merle Levin, Assistant Director for Communications and Marketing & Sports Information Director	
Kelly Portolese, Assistant Sports Information Director	(216) 687-2094
FAX	(216) 523-7257
WOMEN'S SWIMMING OFFICE	(216) 687-4813
John Collis, Head Coach	
Dennis Mulvihill, Rob Schmidt, Assistant Coaches	
TRAINING ROOM	(216) 687-4806
Jack McNeeley, Head trainer	
Georgia Fischer, Assistant trainer	
POOL	CSU Natatorium
Length	50 meters, 9 lanes
Width	25 yards, 20 lanes
Depth	4 to 16 1/2 feet
Diving Facilities	5, 7 1/2 and 10 meter platform towers 2 3-meter and 2 1-meter boards
Seating Capacity	1,500
Warm-Up Pool	25 yards, 6 lanes

CREDITS: Editor-Christine Lupia
 Photos-Peter Hastings

CSU Cleveland State University

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CLEVELAND STATE UNIVERSITY

WOMEN'S

SWIMMING



CSU RECORD HOLDER DANA LABRIE

1991
 1992
 MEDIA
 GUIDE

1991-92 VIKINGS TO WATCH



Kathy Balcam
 Willoughby Hills, Ohio

One Letter Sophomore
 A strong freestyle swimmer...a standout freshman last season, she set two individual CSU records in the 1000-yard freestyle (10:35.98) and the 1650-yard freestyle (17:44.25)...was part of CSU's record-breaking 800-yard freestyle relay team (7:55.08) at last year's Penn-Ohio Championships...placed first in numerous freestyle events throughout 1990-91 season...majoring in Psychology.



Dana Labrie
 Willowdale, Ontario, Canada

One Letter Sophomore
 A stand-out in the backstroke and individual medley events...holds five CSU records, three of which were set at last year's Penn-Ohio Championships: the 200-yard individual medley (2:11.89), the 400-yard individual medley (4:43.55), and the 200-yard backstroke (2:12.51)...was also a part of CSU's record-breaking 400-yard medley relay team (4:06.73)...Freshman of the Year...expected to progress to even greater achievements this year...undecided on a major.



Sandee Sieminski
 Bay Village, Ohio

First Year Freshman
 A multi-event swimmer...a four-year letterwinner at Bay Village High School, she broke seven school records and two conference records...swam in state competition three consecutive years, and set records in the 200-yard individual medley (2:11.50) and the 100-yard breaststroke (1:08.57)...Hardest Worker and Sportsmanship award winner...undecided on a major.



Joan Stemberger
 Bedford, Ohio

Two Letters Senior
 Co-captain on this year's team... continues to excel in breaststroke and freestyle events...an instrumental part of CSU's successful relay teams...swam third leg on winning 800-yard freestyle relay team (8:00.48) and the 200-yard freestyle relay team (1:40.12) at last year's Penn-Ohio Championships...also anchored winning 400-yard medley relay team (4:06.73)...speech and hearing major.



Adrienne Tripi
 Mentor, Ohio

Three Letters Senior
 Co-Captain on this year's team...excels in breaststroke and individual medley events...finished first in 50-yard freestyle (24.73) and 100-yard butterfly (1:00.24) at last year's Penn-Ohio Championships...also swam third leg on winning 200-yard medley relay team (1:50.85), and anchored winning 800-yard freestyle relay team (8:00.48)...1990-91 "Outstanding Swimmer of the Year"...a member of the 1991 Penn-Ohio All-Conference Team...communications major.

CSU HEAD COACH JOHN COLLIS



John Collis begins his first year as head coach for the Cleveland State women's swim team.

A former standout swimmer for Indiana University, Collis was a member of three Big Ten Conference Championship swim teams during his four-year career in Bloomington. The 1984 I.U. graduate was coached by the legendary Hooiser swim mentor Doc Counsilman.

Collis' previous collegiate coaching experience includes serving as an assistant coach for the CSU men's swim team the past three seasons, as well as coaching a prominent local club team along with former assistant CSU men's swim coach and 1992 Olympic hopeful, Glenn Mills.

Collis, whose best events are the 200-yard and 500-yard freestyle, was a member of the 1984 Greek National Team. An All-American at Gates Mills (O.) Hawken School, he spent his last year of high school a Mercersburg (PA.) Academy, where his team earned national championship honors.

A 28-year old Cleveland native, Collis earned a B.A. in Chemistry from I.U. He is currently a full-time student at Kent State University working on his Phd in Exercise Physiology.

CSU ASSISTANT COACHES

Dennis Mulvihill is in his second year as an assistant coach. The CSU law student qualified for the 1992 U.S. Olympic Trials with a time of 50.120 in the 100-meter freestyle at the U.S. Open Swimming Championships. A 1988 graduate of Kenyon College, Mulvihill was the NCAA Division III Swimmer of the Year his senior season, while earning All-American honors. The East Grand Rapids, MI native earned 18 Division III swimming titles during his collegiate career.

Rob Schmidt returns to a familiar role this season, as he rejoins the Vikings' coaching staff. Schmidt began his coaching career at Bowling Green (OH) High School, and continued on as the assistant coach for the Bowling Green State University Swim Club. In 1989 he made his way back to the CSU Natatorium, where he served as an assistant coach, but the following year found him as Head Coach and Aquatics Director of the Wooster YMCA. This year brings Schmidt back to CSU, where he is serving as an assistant coach for both the men's and women's programs.

CSU DIVING COACH JEFF ARNOLD



Diving Coach Jeff Arnold is in his ninth year with the Cleveland State University swimming and diving program. He has been a part of the CSU staff since 1982 except for a year's absence in 1986. Arnold rejoined the program before the start of the 1987-88 campaign.

In his first season with the Vikings he produced CSU's first Eastern Intercollegiate champion and sent four divers to the NCAA Zone Diving Meet, the largest contingent in Cleveland State history. That's nothing unusual for Arnold, who turned out a collegiate All-American, nine high school All-Americans and several national finalists in age group competition during 10 years of high school coaching and 16 years as the head coach of the University Diving Club, which is affiliated with University School.

An industrial arts teacher at Eastlake North High School, he is married, the father of three children and resides in Fairport Harbor.

CSU 1990-91 RESULTS

DATE	OPPONENT	SCORE	W/L	RECORD
Nov. 9	Eastern Michigan	163-134	L	0-1
Nov. 14	Bowling Green	154-143	L	0-2
Nov. 16	Gannon	119-106	W	1-2
	Findlay	110-99	W	2-2
Nov. 19	Ashland	133-83	W	3-2
Nov. 30-				
Dec. 1	Eastern Michigan Invit.	6th of 8 teams		
Dec. 4	Cleveland City Colleges	1st of 4 teams		6-2
Jan. 1	Manatoga		W	7-2
	Princeton		L	7-3
Jan. 11	Oakland	179-107	L	7-4
Jan. 12	St. Bonaventure	129-165	L	7-5
Jan. 19	Ball State	120-180	L	7-6
Jan. 21	Ohio University	96-147	L	7-7
Jan. 25	Notre Dame	105-191	L	7-8
Jan. 26	Slippery Rock	114-129	L	7-9
Feb. 13-16	Penn-Ohio Championships	1st of 8 teams		
Mar. 6-10	Eastern Intercollegiate	5th of 10 teams		

CSU THE RECORD BOOK

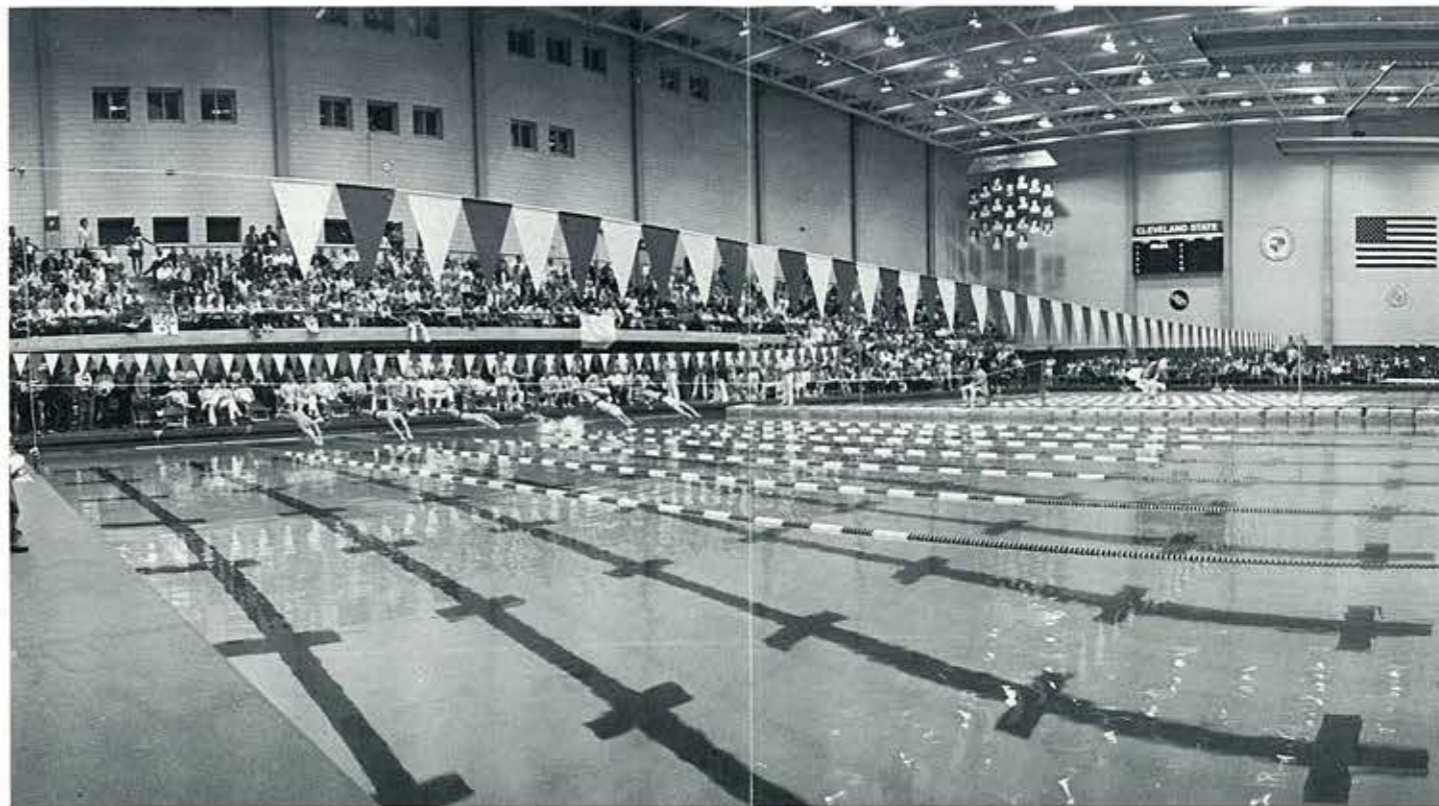
Event	Time	Record Holder	Year
50 Freestyle	24:13	Becky Thiel	1990
100 Freestyle	52:67	Becky Thiel	1990
200 Freestyle	1:54.57	Becky Thiel	1990
500 Freestyle	5:06.35	Mary Zaworski	1983
1000 Freestyle	10:35.98	Kathy Balcam	1991
1650 Freestyle	17:44.25	Kathy Balcam	1991
100 Backstroke	1:00.19	Dana Labrie	1991
200 Backstroke	2:09.19	Dana Labrie	1991
100 Breaststroke	1:07.47	Gina Giorgetti	1991
200 Breaststroke	2:27.41	Adrienne Tripi	1990
100 Butterfly	59.42	Becky Thiel	1990
200 Butterfly	2:13.24	Becky Thiel	1988
200 Individual Medley	2:10.92	Dana Labrie	1991
400 Individual Medley	4:43.55	Dana Labrie	1991
400 Medley Relay	4:00.43	D. Labrie, G. Giorgetti, J. Stemberger, A. Tripi	1991
400 Freestyle Relay	3:35.49	K. Silich, M. O'Malley, J. Afzali, B. Thiel	1988
800 Freestyle Relay	7:55.08	L. Viancourt, K. Balcam, J. Stemberger, L. Hoyer	1991
One-Meter Diving	474.70	Monica Greczanik	1986
Three-Meter Diving	468.90	Monica Greczanik	1986

CSU HONOR ROLL

The following athletes have been the recipients of the Cleveland State Athletic Alumni Association Award as the University's "Outstanding Women's Swimmer of the Year."

1975-76 - Debbie Dugan	1983-84 - Laura Zebold
1976-77 - Debbie Dugan	1984-85 - Mary Zaworski
1977-78 - Debbie Dugan	1985-86 - Cindy Pupillo
1978-79 - Debbie Dugan*	1986-87 - Cindy Pupillo
1979-80 - Joan Weber	1987-88 - Kathy Silich
1980-81 - Linda Washut	1988-89 - Becky Thiel
1981-82 - Joan Weber	1989-90 - Becky Thiel
1982-83 - Mary Zaworski	1990-91 - Adrienne Tripi

*Also winner of the Athletic Alumni Association Award as the Female Athlete of the Year.



CSU THE CSU NATATORIUM — SOMETHING SPECIAL

From the beginning there was the strong suspicion that the Cleveland State University pool might be something special.

The mere fact that it was a 50-meter INDOOR pool made it something out of the ordinary when it opened its doors to an eager student body and an admiring public in 1973. Only one other university in the State of Ohio had a pool comparable in size under roof then. The national population of 50-meter indoor pools wasn't much denser.

But the feeling persisted from the outset that the Cleveland State pool was unusually fast. Unusually.

The feeling was authenticated in March of 1975 when the NCAA staged the Division II and Division I Championships in the CSU Natatorium on consecutive weekends. The nation's best swimmers and coaches came away singing the pool's praises and asked for more.

They got their wish in 1977 when the NCAA returned to stage the National Championships at CSU. It was a smashing meet. A record-smashing meet. Every NCAA record and virtually every American record was erased.

"The greatest swimmers in the fastest pool at the greatest meet in history," is how the NCAA Swimming Guide described the event the following fall.

The NCAA Championships were back again in 1979. Some of the best coaches in the sport went so far as to suggest that maybe the meet should become a permanent fixture in Cleveland.

But there were other areas wanting the NCAA Championships. There were other pools waiting to be tested. Newer, more lavishly-appointed pools with larger seating capacities. And they deserved their chance.

The meet returned to Cleveland State in 1984 after a five-year lapse, the 10th national championship event to be staged in "the water that runs downhill both ways."

Water does not slow with age, and the nation's finest swimmers once again left with the conviction that this now-modest body of water can still be transversed in times unsurpassed anywhere else in the United States.

Although its design had been analyzed, copied and refined, nobody had appreciably improved on the remarkable Cleveland State facility.

What makes this pool great?

Primarily a deep water competitive course with races swum in lanes 12 to 16-1/2 feet deep, exceptionally deep gutters that swallow up waves with the same ease with which Jonah was swallowed up by the whales; and crystal clear water with superb lighting which makes turn walls sharp and clear to competitors.

A mind-boggling 933,000 gallons of water fill the exhibition pool which is 50 meters in length (with nine eight-foot competitive lanes), 25 yards wide (with 20 seven-foot competitive lanes), is equipped with underwater speakers and six underwater windows for coaching and teaching and utilizes an ultra-sophisticated automatic timing system with touch pads for up to 10 lanes during meets.

Diving facilities include two one-meter maxiflex boards, two three-meter maxiflex boards and a diving tower with platforms at 5, 7-1/2 and 10 meters. Each of the platform levels is served by an intercom which can be operated from the coach's position on deck.

The original seating capacity of nearly 1500 has been augmented by the construction of special television broadcast and camera platforms built originally as temporary structures but converted to permanent facilities because of the frequent appearances of national TV crews. All three major networks have originated telecasts from the Viking pool.

Tucked away out of sight of spectators beneath the south stands is a bonus for the competitive swimmer, a 25-yard instructional pool used for teaching instruction on a daily basis which serves as an ideal warm up and/or warm down pool during major competitions.

It's just a little extra among the many extras which make the Cleveland State pool still special among the world's competitive indoor pool.