



CSU CSU Natatorium — Something Special

From the beginning there was the strong suspicion that the Cleveland State University pool might be something special.

The mere fact that it was a 50-meter INDOOR pool made it something out of the ordinary when it opened its doors to an eager student body and an admiring public in 1974. Only one other university in the State of Ohio had a pool comparable in size under roof then. The national population of 50-meter indoor pools wasn't much denser. That has changed dramatically.

But the feeling persisted from the outset that the Cleveland State pool was unusually fast. Unusually.

The feeling was authenticated in March of 1975 when the NCAA staged the Division II and Division I Championships in the CSU Natatorium on consecutive weekends. The nation's best swimmers and coaches came away singing the pool's praises and asked for more.

They got their wish in 1977 when the NCAA returned to stage the National Championships at CSU. It was a smashing meet. A record-smashing meet. Every NCAA record and virtually every American record was erased.

"The greatest swimmers in the fastest pool at the greatest meet in history," is how the NCAA Swimming Guide described the event the following fall.

The NCAA Championships were back again in 1979. Some of the best coaches in the sport went so far as to suggest that maybe the meet should become a permanent fixture in Cleveland.

But there were other areas wanting the NCAA Championships. There were other pools waiting to be tested. Newer, more lavishly-appointed pools with larger seating capacities. And they deserved their chance.

The meet returned to Cleveland State in 1984 after a five-year lapse, the 10th national championship event to be staged in "the water that runs downhill both ways."

Water does not slow with age, and the nation's finest swimmers once again left with the conviction that this now-modest body of water can still

be transversed in times unsurpassed anywhere else in the United States.

Although its design had been analyzed, copied and refined, nobody had appreciably improved on the remarkable Cleveland State facility.

What makes this pool great?

Primarily a deep water competitive course with races swum in lanes 12 to 16-1/2 feet deep, exceptionally deep gutters that swallow up waves with the same ease with which Johah was swallowed up by the whale; and crystal clear water with superb lighting which makes turn walls sharp and clear to competitors.

A mind-boggling 933,000 gallons of water fill the exhibition pool which is 50 meters in length (with nine eight-foot competitive lanes), 25 yards wide (with 20 seven-foot competitive lanes), is equipped with underwater speakers and six underwater windows for coaching and teaching and utilizes an ultra-sophisticated Omega automatic timing system with touch pads for up to 10 lanes during meets.

Diving facilities include two one-meter maxiflex boards, two three-meter maxiflex boards and a diving tower with platforms at 5, 7-1/2 and 10 meters. Each of the platform levels is served by an intercom which can be operated from the coach's position on deck.

The original seating capacity of nearly 1500 has been augmented by the construction of special television broadcast and camera platforms built originally as temporary structures but converted to permanent facilities because of the frequent appearances of national TV crews. All three major networks have originated telecasts from the Viking pool.

Tucked away out of sight of spectators beneath the south stands is a bonus for the competitive swimmer, a 25-yard instructional pool used for teaching instruction on a daily basis which serves as an ideal warm up and/or warm down pool during major competitions.

It's just a little extra among the many extras which make the Cleveland State pool still special among the world's competitive indoor pools.

CSU Women's Swimming Schedule

NOVEMBER

15—at Ohio University 11:00 a.m.
19—GANNON AND FINDLAY (Co-Ed Meet) 6:00 p.m.

DECEMBER

2—CLEVELAND COLLEGES MEET (Co-Ed Meet) 6:00 p.m.
5-6—at Bowling Green Invitational 6:00 p.m.

JANUARY

2—at Florida Atlantic Invitational 1:00 p.m.
9—OAKLAND 6:00 p.m.
14—MERCYHURST (Co-Ed Meet) 4:00 p.m.
17—KENT STATE 11:00 a.m.
23—BALL STATE 4:00 p.m.
24—SLIPPERY ROCK 1:00 p.m.
27—at Wooster 6:00 p.m.
30—NOTRE DAME 6:00 p.m.

FEBRUARY

7—at Youngstown State 1:00 p.m.
18-21—PENN-OHIO CONFERENCE CHAMPIONSHIPS

MARCH

19-21—NCAA Championships
at Indianapolis, Indiana

CSU A Thumbnail Guide

Location	Cleveland, Ohio 44115 (Euclid Avenue-U.S. Rte. 20- between E. 18th St. & E. 24th St.)
Enrollment	17,540
Nickname	Vikings
Colors	Forest Green & White
Athletic Conference For Swimming	Penn-Ohio
President	Walter B. Waetjen
Athletic Director	Robert F. Busbey
Sports Information Director	Merle J. Levin
Assistant Sports Information Director	Brian McCann
Pool	CSU Natatorium
Length	50 meters, 9 lanes
Width	25 yards, 20 lanes
Depth	4 to 16½ feet
Diving Facilities	5, 7½ and 10 meter platform towers 2-3 meter and 2-1 meter boards
Seating Capacity	1,500
Warm-Up Pool	25 yards, six lanes
Location of Pool	PE Building, 2451 Euclid Avenue
Women's Swimming Coach	Dr. Lorry Wagner
Diving Coach	Rich Karban

Important Telephone Numbers

(Area Code 216)

General Athletic Department Number	687-4800
Sports Information Number	687-4818
Coach Wagner's Number	687-4813

CLEVELAND STATE



Cleveland State Record Holder
Cindy Pupillo

WOMEN'S SWIMMING 1986-87

CSU Head Coach Lorry Wagner



Beginning his second year as the head coach of the Cleveland State women's swim team, Dr. Lorry Wagner has a positive outlook towards the 1986-87 season after a promising first season which saw the Vikings finish with a 6-7 dual meet record and a third place finish at the Penn-Ohio meet.

Wagner, 35, began his coaching career in 1969 at the Black Swan and Forest Hills swim clubs in Cleveland Heights, Ohio. Later that year, he moved to Lafayette, Indiana where he coached four teams in the area over the next 12 years, including a stint as an assistant coach at Purdue University.

While coaching the West Lafayette swim club, his teams produced six Indiana state champions and two USS junior national qualifiers. His Lafayette Jefferson High School women's team was ranked as high as 14th in the nation and during his tenure at Purdue, he helped produce nine NCAA qualifiers and one All-American.

Besides his duties as head women's swim coach, Wagner also serves as the president of the Phillips Electric Company in Cleveland. Wagner is married to the former Susan Hogan and they make their home in Cleveland Heights.

CSU Coach Amy O'Shaughnessy



Amy O'Shaughnessy is in her first year as the assistant women's swim coach at Cleveland State. Although her own swimming career ended in high school, she found the opportunity to begin a collegiate swimming coaching career one that she couldn't pass up.

After graduating from Cleveland Heights' Beaumont School for Girls, O'Shaughnessy attended Ohio University. While at Ohio, she taught 8-11 year olds swimming at the Athens Community Pool and during

high school, she coached baseball and basketball for Cleveland's St. Ann's grade school.

"It is a real pleasure to have Amy as an assistant coach this year," head women's swim coach Lorry Wagner said, "She has had a tremendous influence on the team by giving them guidance and motivating them during practice."

CSU Diving Coach Rich Karban



One of the top divers in Cleveland State swimming history, Rich Karban begins his first year at CSU as the head diving coach for both the men's and women's swim teams, after serving the past two years as an assistant.

A four year letterman, Karban won "Swimmer of the Year" honors as a senior in 1984 after becoming the first Viking diver to win the Eastern Intercollegiate Diving Championship, claiming the three-meter diving title in 1984. He was also an NCAA Zone Qualifier

in both the one and three-meter diving events during all four years at Cleveland State.

Prior to the 1984 Olympic trials, Karban helped organize the Mission Viejo (California) diving camp at Cleveland State, the same camp where double Olympic gold medalist Greg Lúganis and several other members of the Olympic diving team trained.

"Rich is an outstanding young coach not only because of his extensive knowledge of diving, but because of his ability to motivate the swimmers and effectively communicate with them," men's head coach Wally Morton said, "He is a fine addition to the Cleveland State swim program."

CSU 1986-87 Roster

Name	Ht.	Class	Events	Hometown & (H. S.)
*Jasmine Afzali	5-9	Jr.	FR/BK	Mentor, Ohio (Mentor)
Dee Dee Croswhite	5-9	Fr.	FR/BK	Fairview, Ohio (Fairview)
Laurie Czechanski	5-9	Fr.	FR/BR/BK/IM	Lakewood, Ohio (Lakewood)
Kathy DeChagas	5-9	Fr.	FR/FLY	Fairview, Ohio (Fairview)
*Jodie Heffenfelder	5-10	So.	FR	Lakewood, Ohio (Lakewood)
Lisa Hepp	5-3	Fr.	DIVE	Wapakoneta, Ohio (Wapakoneta)
Janice Herman	5-8	So.	FR/BK	Parma, Ohio (Parma)
*Linda Johnson	5-5	So.	FLY/IM	Hubbard, Ohio (Hubbard)
Carolyn Marsh	5-7	Fr.	FR/BK	Painesville, Ohio (Riverside)
Jane Mast	5-3	Jr.	DIVE	Euclid, Ohio (Euclid)
*Katriona Murray	5-2	So.	BR/IM	Sheffield Lake, Ohio (Brookside)
***Sue Nagy	5-5	Sr.	FLY/BR/IM	South Euclid, Ohio (Notre Dame)
Erin O'Malley	5-5	Fr.	FLY/FR	Lakewood, Ohio (Lakewood)
Maureen O'Malley	5-9	Jr.	BR/FR	Lakewood, Ohio (Lakewood)
Cathy Polk	5-9	Fr.	DIVE	Westlake, Ohio (Westlake)
***Cindy Pupillo	5-8	Jr.	FR/BK	Warren, Ohio (Harding)
Judy Wardrop	5-9	Fr.	FLY/FR	Wickliffe, Ohio (Notre Dame)

*Indicates varsity letters earned.

CSU The Record Book

50 Freestyle	24.68	Cindy Pupillo	1986
100 Freestyle	53.51	Cindy Pupillo	1986
200 Freestyle	1:57.39	Mary Zaworski	1983
500 Freestyle	5:06.35	Mary Zaworski	1983
1000 Freestyle	10:39.18	Mary Zaworski	1983
1650 Freestyle	17:47.65	Mary Zaworski	1983
100 Backstroke	1:00.50	Kathy McKittrick	1974
200 Backstroke	2:14.02	Cindy Pupillo	1986
100 Breaststroke	1:10.68	Laura Zebold	1984
200 Breaststroke	2:33.10	Jean Standing	1982
100 Butterfly	1:00.40	Roberta Whelan	1982
200 Butterfly	2:13.66	Sue Burrows	1982
200 Individual Medley	2:14.56	Sue Burrows	1983
400 Individual Medley	4:45.09	Sue Burrows	1983
400 Medley Relay	4:08.31	J. Weber, S. Burrows, R. Whelan, A. Cerer	1982
400 Freestyle Medley	3:39.56	S. Burrows, S. Nekić, M. Zaworski, L. Zebold	1983
800 Freestyle Relay	8:05.50	S. Knecht, M. Zaworski, S. Fitch, C. Pupillo	1984
1-meter Diving	474.70	Monica Greczanik	1986
3-meter Diving	468.90	Monica Greczanik	1986

CSU Vikings to Watch

TOP RETURNEES

Linda Johnson **Sophomore, Hubbard, Ohio (Hubbard H.S.)**
After making the team last year as a walk-on, Johnson finished as the Vikings' third leading point scorer and earned the "Most Outstanding Freshman" award . . . a very motivated swimmer, Coach Wagner believes that Johnson has just begun to realize her potential . . . physical therapy major.

Sue Nagy **Senior, South Euclid, Ohio (Notre Dame Academy)**
A three-year letterwinner, Nagy was named CSU's "Most Improved Swimmer" last year . . . showed her overall versatility by swimming at least once in every event last year . . . is considered by Coach Wagner to be a team leader in both practices and meets . . . will serve as co-captain this year along with Cindy Pupillo . . . blind rehabilitation major.

Cindy Pupillo **Senior, Warren, Ohio (Harding H.S.)**
A co-captain this year, Pupillo is coming off an outstanding junior year in which she broke school records in the 50- and 100-yard freestyles and the 200-yard backstroke . . . was the most consistent swimmer on the team last year, earning the alumni award as the "Most Valuable Swimmer" . . . was also named the outstanding freshman swimmer in 1983-84 when she finished as the team's top point scorer . . . has a 3.2 grade point average, majoring in biology.

LEADING NEWCOMERS

Laurie Czechanski **Freshman, Lakewood, Ohio (Lakewood H.S.)**
Although just a freshman, Czechanski looks to be one of the top swimmers on the squad this year while also being one of the most versatile . . . won All-Lake Erie League honors for four years in swimming and one year in volleyball while at Lakewood High School . . . earned a total of nine varsity letters, three each in swimming, volleyball and softball while at Lakewood . . . undecided on a major.

Lisa Hepp **Freshman, Wapakoneta, Ohio (Wapakoneta H.S.)**
Qualified for the Class AAA state championships in Diving the past three years at large because Wapakoneta High School did not have a swim team . . . is expected to be the Vikings' top diver this year . . . finished seventh as a junior and 11th as a senior at the Ohio State championships . . . also ran track at Wapakoneta, competing in the 100-yard dash and the 400 relay . . . occupational therapy major.

Maureen O'Malley **Junior, Lakewood, Ohio (Lakewood H.S.)**
A transfer from Wright State where she was a Division II All-American in three events, the 100 and 200-yard breaststroke and the 400-yard medley relay, for the Raiders . . . set Penn-Ohio Conference records in the 100 and 200-yard breaststroke in 1985 and was also on the record setting 400-yard medley relay team . . . expected to be one of the Vikings' top swimmers this year . . . biology major.

CSU 1985-86 Results

	Dual Meets (Won-6, Lost-7)	
Oakland	93	CSU 44
Ball State	104	CSU 36
Notre Dame	82	CSU 37
CSU	95	John Carroll 45
CSU	95	Case Western Reserve 46
Kent State	65	CSU 48
CSU	68	Denison 45
CSU	71	Ohio Wesleyan 36
Slippery Rock	77	CSU 59
CSU	59	Mercyhurst 39
Wooster	81	CSU 59
Ohio	69	CSU 44
CSU	74	Youngstown State 65

Penn-Ohio Conference Championships: (3rd of 8 teams)

CSU 1986-87 Outlook

With a combination of youth and experience on this year's Viking women's swim team, Head Coach Lorry Wagner believes that the team is vastly improved since last year, and is one of the most talented teams that he has coached.

Leading the returnees from last year's 6-7 squad are co-captains Cindy Pupillo and Sue Nagy. Pupillo broke three CSU records last year, in the 50 and 100 freestyle and the 200 backstroke, and has the ability to top them again this year. Nagy, a three year letterwinner, showed her versatility last year by competing at least once in every event over the course of the season. Other key returnees are Jasmine Afzali, Linda Johnson, the "Freshman of the Year" last year, Katriona Murray and Jodie Heffenfelder.

According to Wagner, the success of this year's team will depend heavily on the 12 freshman and sophomores on the roster. "Our freshman class will have a big impact on this year's team," Wagner said, "They are a very talented group of girls and will get better as the season progresses."

Leading the newcomers is junior Maureen O'Malley, a transfer from Wright State where she was a Division II All-American in three events. Joining O'Malley are younger sister Erin O'Malley and Laurie Czechanski. All three were teammates at Lakewood High School and should help solidify the swimming events this year. The diving events will also have a new look this year as freshman Lisa Hepp, a three-time Ohio state qualifier from Wapakoneta High School, and Jane Mast join the Viking lineup.

CSU Women's Swimming History

After 11 years of varsity competition at Cleveland State, the women's swimming program appears to be on the verge of reaching the continued success that the men's program has had for the last 20 years. Despite three years of sub .500 dual meet records, second year Head Coach Lorry Wagner has put together one of the strongest Viking squads in recent history.

With the completion of CSU Natatorium in 1974, the women's swim team began varsity competition the following year in 1975 and struggled through the first four years with a combined 12-21 dual meet record, despite the efforts of four-time CSU Outstanding Swimmer of the Year, Debbie Dugan.

The fortunes of the program turned around with a 8-4-1 record in 1979-80, the first winning season for the young program, and from 1979-84, CSU teams compiled a 29-16 record with four winning seasons in those five years.

During the 1984-85 season, the Vikings finished fourth at the first ever Penn-Ohio Championships for women, and improved on that performance with a third place finish last year. Add to that, a fifth straight first place finish in the Cleveland Colleges Championship, held annually between CSU, John Carroll and Case Western Reserve, and the foundation for the tradition that accompanies a successful program appears to have been laid.

CSU Honor Roll

The following swimmers have been the recipients of the Cleveland State Athletic Alumni Association Award as the University's "Outstanding Women's Swimmer of the Year."

1975-76 — Debbie Dugan	1981-82 — Joan Weber
1976-77 — Debbie Dugan	1982-83 — Mary Zaworski
1977-78 — Debbie Dugan	1983-84 — Laura Zebold
1978-79 — Debbie Dugan*	1984-85 — Mary Zaworski
1979-80 — Joan Weber	1985-86 — Cindy Pupillo
1980-81 — Linda Washut	

*Also winner of the Athletic Alumni Association Award as the Female Athlete of the Year.